

Praying the Rosary – Session One

SESSION FOCUS

The Praying the Rosary lessons explore the Rosary as a devotion of the Catholic Church. This session will deal with the “how-to” or the basics of how to pray the Rosary. The next session deals with the Rosary as a meditative and contemplative prayer and ways to connect the Rosary to our every day lives.

SESSION AT A GLANCE

Estimated time: 80 minutes

Gathering:	Acclamation		
	Opening Prayer	Rosary Opening Prayer Service	10 min.
Learning	“How – to”	Handout #1 (Prayers of the Rosary)	30 min
		Handout #2 (Color & Pray)	
		Handout #3 (The “How To” of the Rosary)	
		Rosary Learning Experience, Option A, Printout of pages 119-121	
Experience:	The Mysteries	Mysteries Graphics Page	30 min
		Handout #4 (Mysteries chart)	
Reflection:	Reflection on the Rosary	Handout #7	5 min
Closing Prayer:	Next Week’s Gospel	Read slowly and prayerfully	5 min

SESSION MATERIALS

Facilitator: All handouts and printouts from web site

Participants: Rosary, bible

LESSON PLAN

I. Gathering:

- Pray this year’s Acclamation together.
- Use the Session Focus information from above. Explain to participants what to expect and what they will be doing in the next two lessons.
- Use the opening prayer service from Praying the Rosary. Select two people in advance to read Matthew and Luke. Reiterate that these two prayers (The Lord’s Prayer and the Hail Mary) make up the majority of the Holy Rosary.

II. Learning

- Each participant should have Handout #1, Handout #2 or a Rosary, Handout #3 and the People of Faith, Generations Issue 6 magazine. Children may want to color Handout #2 as you go through learning the Rosary. Follow directions from the Rosary Learning Experience pages, Option A. You will not need all the pages from the Rosary Learning Experience – just pages 119-121. Option A refers participants to several parts of the family magazine. Part 3 of the magazine refers to page 9. Part 4 of the magazine can be found on page 12..

III. Experience:

- In advance, print out two copies Mysteries Graphics Page. One copy will be used as an answer key during the lesson. Cut the second copy into graphic and scripture readings for each mystery. Do not include the “name” of the Mystery. This means you will be cutting off the lower section in each colored box. You should have 20 “Mystery clips” when you are done. Put in bag or box.
- Using a bulletin board or poster board, create a chart resembling Handout #5 – Mysteries chart.
- Pass out Handout #5 (Mysteries chart) Have members grab a “Mystery clip”, figure out which Mystery it is and apply it to the board. This should be a “team” effort although different members are pulling the clips out of the bag. Use pages 9 – 11 of the Issue 6 Generations magazine. Participants could write in scripture saying in their own Mysteries charts, if desired.

IV. Reflection:

- Pass out Handout #7. Ask members to read now but complete at home

V. Closing Prayer:

- A prayerful and slow reading of next week’s gospel. Reading the gospel twice gives people an opportunity to hear it once and then they are able to really listen and remember the second time.

Note: Facilitator will need Handout #2 and the board created from this session for Session Two. You will also need to assign the roles from step II of Session Two so that participants can rehearse their lines and bring appropriate dress.